॥ श्री गणेशाय नमः ॥

श्री दुर्गा चालीसा

Shri Durga Chalisa with Meaning

TRADITIONAL BHAKTI RECENSION • NAVARATRI CHANTING EDITION

॥ प्रारंभिक दोहा ॥

दोहा 1

नमो नमो दुर्गे सुख करनी। नमो नमो अम्बे दुःख हरनी॥
निरंकार है ज्योति तुम्हारी। तिहूँ लोक फैली उजियारी॥

> Salutations, endless salutations to Goddess Durga, who bestows supreme joy! Salutations to Mother Ambe, who removes all sorrows! Formless is your divine effulgence, yet your radiant light illuminates all three worlds.

दोहा 2

शशि ललाट मुख महाविशाला। नेत्र लाल भृकुटी विकराला॥
रूप मातु को अधिक सुहावे। दरश करत जन अति सुख पावे॥

> The crescent moon adorns your forehead and your divine countenance is magnificent. Your eyes are reddish with protective fury and your brows are imposing, yet your motherly form is exquisitely charming; beholding your presence fills the devotee with profound bliss.

॥ श्री दुर्गा चालीसा (४०) ॥

चौपाई 1

तुम संसार शक्ति लय कीना। पालन हेतु अन्न धन दीना॥

> You manifest the primordial energy of the universe, and for the sustenance of all living creatures, you graciously bestow nourishing grain and prosperity.

चौपाई 2

अन्नपूर्णा हुई जग पाला। तुम ही आदि सुन्दरी बाला॥

> As Mother Annapurna, you nurture the entire world. You are the primordial youthful maiden (Tripurasundari / Bala), embodying eternal beauty.

चौपाई 3

प्रलयकाल सब नाशनहारी। तुम गौरी शिव शंकर प्यारी॥

> At the time of cosmic dissolution (Pralaya), you withdraw the entire universe. You are Mother Gauri, the beloved divine consort of Lord Shiva.

चौपाई 4

शिव योगी तुम्हरे गुण गावैं। ब्रह्मा विष्णु तुम्हें नित ध्यावैं॥

> Lord Shiva and all elevated yogis chant your divine virtues, while Lord Brahma and Lord Vishnu continually meditate upon your glory.

चौपाई 5

रूप सरस्वती को तुम धारा। दे सुबुद्धि ऋषि मुनिन उबारा॥

> Assuming the form of Goddess Saraswati, you bestowed pure wisdom upon the seers and sages, guiding them to enlightenment.

चौपाई 6

धरा रूप नरसिंह को अम्बा। परगट भई फाड़कर खम्भा॥

> As the divine power within Lord Narasimha, O Mother, you manifested bursting forth from the stone pillar to protect child Prahlada.

चौपाई 7

रक्षा करि प्रह्लाद बचायो। हिरणाकुश को स्वर्ग पठायो॥

> You safeguarded your faithful devotee Prahlada, and dispatching the arrogant tyrant Hiranyakashipu, you liberated the righteous.

चौपाई 8

लक्ष्मी रूप धरो जग माहीं। श्री नारायण अंग समाहीं॥

> Manifesting in the world as Goddess Lakshmi, you reside in inseparable union upon the chest of Lord Sri Narayana.

चौपाई 9

क्षीरसिन्धु में करत विलासा। दयासिन्धु दीजै मन आसा॥

> Resting gracefully upon the cosmic ocean of milk (Kshira Sagara), O ocean of boundless mercy, fulfill the sincere aspirations of my heart!

चौपाई 10

हिंगलाज में तुम्हीं भवानी। महिमा अमित न जात बखानी॥

> In Hinglaj and sacred Shaktipeethas you preside as Bhavani; your glory is boundless and beyond the capability of mortal words to describe.

चौपाई 11

मातंगी अरु धूमावति माता। भुवनेश्वरी बगला सुखदाता॥

> You are the great Mahavidyas: Matangi, Dhumavati, Bhuvaneshwari, and Bagalamukhi, who bestow supreme joy and protection upon seekers.

चौपाई 12

श्री भैरव तारा जग तारिणी। छिन्नभाल भव दुःख निवारिणी॥

> Accompanied by Bhairava, you are Mother Tara who ferries souls across the ocean of worldly existence, and Chhinnamasta who severs the distress of samsara.

चौपाई 13

केहरि वाहन सोह भवानी। लांगुर वीर चलत अगवानी॥

> Mounted majestically upon your lion (Kehari), O Bhavani, you ride forth with the heroic guardian Langur Veera leading your vanguard.

चौपाई 14

कर में खप्पर खड्ग विराजै। जाको देख काल डर भाजै॥

> In your hands rest the skull-bowl (Khappara) and blazing sword; beholding your invincible splendour, even Death (Kala) flees in terror.

चौपाई 15

सोहै अस्त्र और त्रिशूला। जाते उठत शत्रु हिय शूला॥

> Adorned with divine weapons and the gleaming Trident (Trishula), the sight of which strikes agonizing terror into the hearts of demonic adversaries.

चौपाई 16

नगरकोट में तुम्हीं विराजत। तिहूँ लोक में डंका बाजत॥

> You reside gloriously in Nagarkot (Jwalamukhi / Kangra); your triumphal victory drum resounds throughout all three worlds.

चौपाई 17

शुम्भ निशुम्भ दानव तुम मारे। रक्तबीज शंखन संहारे॥

> You vanquished the formidable tyrants Shumbha and Nishumbha, and annihilated the innumerable clones of demon Raktabija.

चौपाई 18

महिषासुर नृप अति अभिमानी। जेहि अघ भार मही अकुलानी॥

> King Mahishasura had grown exceedingly arrogant, through whose sinful atrocities Mother Earth groaned under intolerable oppression.

चौपाई 19

रूप कराल कालिका धारा। सेन सहित तुम तिहि संहारा॥

> Assuming the fierce, formidable form of Mahakali, you annihilated Mahishasura along with his entire demonic army.

चौपाई 20

परी गाढ़ संतन पर जब जब। भई सहाय मातु तुम तब तब॥

> Whenever righteous saints and devotees encountered grave distress, O compassionate Mother, you manifested without delay to come to their aid.

चौपाई 21

अमरपुरी अरु बासव लोका। तब महिमा सब रहे अशोका॥

> Restoring peace to Amaravati and the realm of Indra (Basava), all the celestial denizens were freed from sorrow through your boundless grace.

चौपाई 22

ज्वाला में है ज्योति तुम्हारी। तुम्हें सदा पूजें नर नारी॥

> In the sacred flame of Jwalamukhi shines your eternal light; women and men forever revere and worship your divine presence.

चौपाई 23

प्रेम भक्ति से जो यश गावै। दुःख दारिद्र निकट नहिं आवै॥

> Whoever sings your glorious praises with genuine love and devotion, grief and poverty never venture near their household.

चौपाई 24

ध्यावे तुम्हें जो नर मन लाई। जन्म मरण ताकौ छुटि जाई॥

> Whoever meditates upon you with a focused, dedicated heart is liberated from the relentless cycle of birth and death.

चौपाई 25

जोगी सुर मुनि कहत पुकारी। योग न हो बिन शक्ति तुम्हारी॥

> Yogis, gods, and sages proclaim with one voice: no spiritual attainment or communion with the Divine is possible without your grace as Shakti!

चौपाई 26

शंकर आचारज तप कीनो। काम अरु क्रोध जीति सब लीनो॥

> Adi Shankaracharya performed arduous austerities and conquered all lust and anger by surrendering unto your divine lotus feet.

चौपाई 27

निशिदिन ध्यान धरो शंकर को। काहु काल नहिं सुमिरो तुमको॥

> When seekers initially contemplate Lord Shiva alone without acknowledging Shakti, they soon realize that Shiva and Shakti are indivisible.

चौपाई 28

शक्ति रूप का मरम न पायो। शक्ति गई तब मन पछितायो॥

He who fails to understand the mystery of divine Shakti realizes upon the departure of vital power that without Shakti, Shiva is transcendent stillness.

चौपाई 29

शरणागत हुई कीर्ति बखानी। जय जय जय जगदम्ब भवानी॥

Taking refuge at your feet and extolling your glory, the devotee exclaims: 'Hail, victory, all victory to Jagadamba, Mother Bhavani!'

चौपाई 30

भई प्रसन्न आदि जगदम्बा। दई शक्ति नहिं कीन बिलम्बा॥

The primordial Mother of the universe became pleased, and without delay bestowed vitality, spiritual radiance, and divine grace.

चौपाई 31

मोको मातु कष्ट अति घेरो। तुम बिन कौन हरै दुःख मेरो॥

O Mother, immense afflictions have surrounded me; except for you, who else can alleviate my sorrows and shield my spirit?

चौपाई 32

आशा तृष्णा निपट सतावै। रिपु मूरख मोहि डर पावै॥

Desires and worldly cravings torment my mind, while inner enemies of delusion and pride attempt to frighten me.

चौपाई 33

शत्रु नाश कीजै महारानी। सुमिरौं इकचित तुम्हें भवानी॥

Vanquish all hostile and negative forces, O Empress of creation! With single-pointed devotion I meditate upon you, O Bhavani!

चौपाई 34

करहु कृपा हे मातु दयाला। ऋद्धि-सिद्धि दे करहु निहाला॥

Shower your benevolent mercy upon me, O compassionate Mother! Bestowing righteous abundance (Riddhi) and spiritual wisdom (Siddhi), make my life blessed.

चौपाई 35

जब लगि जिऊँ दया फल पाऊँ। तुम्हरो यश मैं सदा सुनाऊँ॥

As long as I live in this body, may I abide under the fruit of your kindness, and continually sing of your glorious grace.

चौपाई 36

दुर्गा चालीसा जो नित गावै। सब सुख भोग परमपद पावै॥

Whoever daily sings this sacred Durga Chalisa enjoys wholesome worldly joys and ultimately attains the supreme spiritual destination.

चौपाई 37

देवीदास शरण निज जानी। करहु कृपा जगदम्ब भवानी॥

> Recognizing this humble devotee as surrendered under your shelter, shower your tender grace, O Mother Jagadamba Bhavani!

चौपाई 38

सहस्र बदन तेरो यश गावै। पार न काहू कोऊ पावै॥

> Even the thousand-headed Sheshanaga sings of your boundless majesty, yet none can fathom the full expanse of your divine nature.

चौपाई 39

जो यह पाठ करै मन लाई। तापर दया करहिं रघुराई॥

> Whoever recites this prayer with devoted heart also receives the benevolent blessings of Lord Rama, who Himself worshipped Mother Durga before the Lanka battle.

चौपाई 40

सब पर दया करहु जगमाता। तुम सम कोउ न दया विधाता॥

> Shower your gracious mercy upon all living beings, O Mother of the universe! None in all creation compares to your boundless compassion.

॥ समापन दोहा ॥

समापन दोहा

शरणागत रक्षा करहु, सब संकट हर लीन।
सुख सम्पत्ति वैराग्य दे, कीजै भक्ति प्रवीन॥

> Protect those who take refuge at your feet, dispelling all adversities. Bestowing auspicious joy, noble prosperity, and wholesome detachment, make us proficient in divine devotion!

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